CHAPTER REPORT SHEET

STUDENT NAME:_____ SQUAD:_____

PLEASE READ: Complete the following questions based on the assigned chapter(s) and bring this sheet to the discussion circle to be marked as complete by the instructor. It is a good idea to prepare to share at least 1 of your answers with the group. As a ROLE MODEL and BLACK SASH IN TRAINING, each 8 week cycle you will show that you have completed a minimum of 6 of these reports on assigned reading. Please keep these sheets together in your binder for your future reference. Feel free to use extra paper if you wish.

BOOK TITLE:_____AUTHOR:_____
CHAPTER(S) ASSIGNED:_____

1. DESCRIBE 1-2 POINTS IN THE CHAPTER(S) THAT YOU FOUND MOST INTERESTING OR THAT YOU DIDN'T KNOW BEFORE.

2. REWORD THE MAIN ADVICE OR MESSAGE OF THE CHAPTER(S) IN YOUR OWN WORDS IN ONLY 1-2 SENTENCES.

3. TIME FOR SOME FUN! NOW GIVE BAD ADVICE. REWORD THE MAIN MESSAGE OF THE CHAPTER(S), EXCEPT SAY THE EXACT OPPOSITE OF WHAT THE CHAPTER(S) SUGGESTED, IN 1-2 SENTENCES.

4. WHAT IS ONE SMALL ACTIONABLE STEP YOU THINK YOU CAN TAKE FROM THIS CHAPTER AND APPLY TO YOUR LIFE OVER THE NEXT WEEK TO LIVE IN A WAY THAT YOU FEEL IS MORE IN LINE WITH YOUR GOALS AND VALUES?

_____STRIPE AWARDED FOR WEEK:

1 2 3 4 5 6