

NIAGARA KUNG FU ACADEMY CLASS SCHEDULE

AS OF SEPTEMBER 2022

A-DAY CURRICULUM			
MONDAY		TUESDAY	
MAT 1	MAT 2	MAT 1	MAT 2
5:00 PM FAMILY BASIC	LEVEL 1	5:00 PM LEVEL 2	LEVEL 3 IST CHAMBER
5:45 PM MASTER CLUB		5:45 PM MASTER CLUB	
6:00 PM LEVEL 2	LEVEL 3 IST CHAMBER JR BLACK 2ND CHAMBER	6:00 PM FAMILY BASIC	LEVEL 1
6:45 PM MASTER CLUB		6:45 PM MASTER CLUB	
7:00 PM ADULT BASIC	IST CHAMBER	7:00 PM ADULT BASIC	IST CHAMBER
2ND CHAMBER		JR. BLACK BELT	
3RD CHAMBER		2ND CHAMBER	
3RD CHAMBER		3RD CHAMBER	
7:45 PM MASTER CLUB		7:45 PM MASTER CLUB	
8:00 PM BLACK SASH		8:00 PM BLACK SASH	
8:30 PM		8:30 PM	

B-DAY CURRICULUM			
WEDNESDAY		THURSDAY	
MAT 1	MAT 2	MAT 1	MAT 2
5:00 PM FAMILY BASIC	LEVEL 1	5:00 PM LEVEL 2	LEVEL 3 IST CHAMBER
5:45 PM LEADERSHIP CIRCLE		5:45 PM LEADERSHIP CIRCLE	
6:00 PM LEVEL 2	LEVEL 3 IST CHAMBER JR BLACK 2ND CHAMBER	6:00 PM FAMILY BASIC	LEVEL 1
6:45 PM LEADERSHIP CIRCLE		6:45 PM LEADERSHIP CIRCLE	
7:00 PM ADULT BASIC	IST CHAMBER	7:00 PM ADULT BASIC	IST CHAMBER
2ND CHAMBER		JR. BLACK BELT	
3RD CHAMBER		2ND CHAMBER	
3RD CHAMBER		3RD CHAMBER	
7:45 PM LEADERSHIP CIRCLE		7:45 PM LEADERSHIP CIRCLE	
8:00 PM BLACK SASH		8:00 PM BLACK SASH	
8:30 PM		8:30 PM	

C-DAY CURRICULUM		
SATURDAY		
	MAT 1	MAT 2
10:30 AM	ADULT BASIC	IST CHAMBER
	LEVEL 3	
	2ND CHAMBER	3RD CHAMBER
11:15 AM	BLACK BELT CLUB EXTENSION	
11:30 AM	MASTER CLUB	
11:45 AM		
12:30 PM	FAMILY BASIC	LEVEL 1
	LEVEL 2	
1:15 PM	BLACK BELT CLUB EXTENSION	
1:30 PM	MASTER CLUB	
1:45 PM		